TOOLBOX TALK



PERSONAL PROTECTIVE EQUIPMENT WORKING ON THE RAILWAY

Personal Protective Equipment (PPE) is provided to protect you where workplace risks cannot be adequately controlled by other means.

It is mandatory to wear the appropriate PPE when working on the railway. PPE must be suitable for you, the task being carried out and the working environment. It must be worn correctly and remain in good condition.

The task-specific risk assessment and method statement must always be followed. These documents will identify whether additional or specialist PPE is required, such as hearing protection, respiratory protection or fall-arrest equipment.controlled to protect everyone on site.

Risk Assessment Criteria

The task-specific risk assessment and method statement take priority and must be followed at all times.

The minimum PPE requirements do not replace the requirement to assess each task. Additional protection may be required depending on the hazards, working environment, equipment being used and site-specific rules.

This may include:

- Hearing protection
- Respiratory Protective Equipment (RPE)
- Face protection
- Specialist gloves
- Protective clothing
- Safety harnesses and lanyards
- Other task-specific protective equipment

Damaged or Defective PPE

Damaged PPE may not provide the protection you expect and can create a false sense of security
If any item of PPE is damaged, defective, lost, poorly fitting or no longer effective:

1. Stop the affected work.
2. Inform your Supervisor or Foreman.
3. Remove the defective item from use.
4. Obtain a suitable replacement.
5. Do not restart the work until the correct protection is available.

- Only use specialist PPE if you have received the necessary information, instruction and training.
- Alltask PPE issues and replacements must be appropriately recorded.

Eye Protection

- Eye protection must be worn on site at all times where required
- Ensure it fits correctly and provides the appropriate level of protection.
- Check that it is clean and does not restrict your vision.
- Replace eye protection immediately if it is damaged or your vision is affected.
- Safety glasses must be worn correctly, not around your neck or on top of your hard hat.

Clothing

- High-Visibility Clothing
  High-visibility clothing must be worn as required by the site rules and risk assessment.
- High-visibility orange clothing must be worn at all times.
- This includes jackets or long-sleeved tops and full-length trousers.
- Keep high-visibility clothing clean and in a condition that allows you to be clearly seen.

Safety Footwear

- Safety boots must fit correctly and provide suitable ankle support.
- Boots must have protective toe caps and midsole protection
- Check your footwear regularly and replace it if it becomes damaged, excessively worn or deteriorated.



Safety Helmet

- A safety helmet must be worn at all times when working trackside or on a construction site.
- Ensure that the helmet fits correctly.
- Check that it is compatible with any other PPE being worn.
- A chin strap must be used where there is a risk of the helmet falling off.
- Replace the helmet if it is damaged or no longer provides effective protection.

Hand and Arm Protection

- Wear gloves that are suitable for the work being carried out.
- Level E gloves are the minimum standard when working on the railway.
- Check your gloves before use.
- Replace them if they are damaged, worn or no longer provide effective protection.

Mandatory

Orange jackets or long-sleeved tops and full-length trousers must be worn at all times.

Questions for Discussion

1. What is the minimum PPE required on this site?
2. Does today's task require any additional or specialist PPE?
3. Where are the PPE requirements identified within the RAMS?
4. What checks should you carry out before using your PPE?
5. Who should you speak to if your PPE is damaged or does not fit correctly?
6. Are there any additional Southern Renewals Enterprise requirements that apply to this work?
7. Does everyone understand that PPE must be worn correctly to provide effective protection?

BRIEFING ATTENDANCE PERSONAL PROTECTIVE EQUIPMENT - RAIL

Given by		*Signature*	
Site Location		*Date*	
Start Time		*Finish Time*	

I HAVE READ OR HAVE BEEN BRIEFED AND UNDERSTAND THE BRIEFING THAT HAS BEEN GIVEN TO ME

Name	*Position*	*Date*	*Signature*

Return to Training Dept.
Training Department Action

Recorded ☐ Training Matrix ☐ Documents Filed ☐ Date: .....